Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS
SPRING 2014

STRENGTHENING RESILIENCE & ATTACHMENT IN FAMILIES

Boys & Girls Club Services of Greater Victoria and Ecole Bayside Middle School are pleased to offer an **Evening Community Workshop** for **parents / caregivers of children & youth, age 8-18**.

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development.

Would you like an opportunity to discuss: the key components to managing stress and challenges, and the building blocks for increasing resiliency for all; plus, how to reinforce attachment - the connection between children / youth and their parents while respecting children / youth's developing need for independence?

Where: **Ecole Bayside Middle School**
Boardroom, 1101 Newton Place, Brentwood Bay, BC

Date/Time: **Monday, March 26, 2014**
6:30pm – 8:30pm

Cost: **$15/participant** – Community members **SUBSIDIES AVAILABLE – PLEASE INQUIRE**
$10/participant – Boys & Girls Club participants/families

Registration: **Please pre-register** as space is limited.

SUPPORTING PARENTS IN RAISING THEIR FAMILIES
HELPING PARENTS AND YOUTH GROW TOGETHER

United Way
Greater Victoria

Funding for Parenting Programs Evening Community Workshops is provided by United Way of Greater Victoria.

For more information:

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A full description of Parenting Programs offerings can be found on our Website:
www.bgcvic.org