Boys & Girls Club
Services of Greater Victoria
A good place to be

PARENTING PROGRAMS
WINTER 2014

ANTI-BULLYING – A PLACE TO BEGIN

CREATING COMPASSIONATE FAMILY & COMMUNITY ENVIRONMENTS

Boys & Girls Club Services of Greater Victoria and Ecole Bayside Middle School is pleased to offer an **Evening Community Workshop** for **parents / caregivers of children / youth, age 8-14.**

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development.

Join us as we explore the first steps in building compassionate and respectful environments. Discuss relevant ideas, and add useful skills, by recognizing:

- Non-verbal and verbal cues to identify and understand bullying experiences / behaviours
- What "attachment" is between child / youth and significant adult, and how to enhance
- Communication methods focusing on empathy to speak with your child / youth and others
- How to support yourself and your child / youth in creating a non-bullying environment – at home, at school, at work, and at play

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Where:	**Ecole Bayside Middle School** Boardroom, 1101 Newton Place, Brentwood Bay, BC
Date/Time:	**Monday, February 17, 2014** **6:30pm – 8:30pm**
Cost:	**$15/participant** – Community members **SUBSIDIES AVAILABLE – PLEASE INQUIRE** **$10/participant –** Boys & Girls Club participants/families
Registration:	**Please pre-register** as space is limited.

SUPPORTING PARENTS IN RAISING THEIR FAMILIES
HELPING PARENTS AND YOUTH GROW TOGETHER

United Way
Greater Victoria

Funding for Parenting Programs Community Workshops is provided by United Way of Greater Victoria.

To register and/or for more information:

Jan Townsend - 250.217.4929 | jtownsend@bgcvic.org

A full description of Parenting Programs offerings can be found on our Website:
www.bgcvic.org