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| **CHILDHOOD STRESS & ANXIETY**  **BUILDING RESILIENCE**  **EMPOWERING STRATEGIES EFFECTIVE SUPPORTS** | |
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| **ZOOM Presentation and Discussion By:**  **Julie-Anne Richards,** M.A., R.C.C., C.C.C.  Registered Clinical Counselor, Psycho-educational Consultant  [www.JulieAnneRichards.com](http://www.julieannerichards.com/) | |
| 6:30-8:00 pm  Tuesday  January 26, 2021  **REGISTER TO RECEIVE ZOOM SIGN-UP LINK** | Tailored for Parents, Caregivers and Educators supporting children  ages 5 - 12  **VIRTUAL PRESENTATION**  **Please download ZOOM App to your device and the Link will be emailed to you January 26** |
| Free Event!  **REGISTRATION REQUIRED** (copy and paste in browser)  <https://www.eventbrite.ca/e/free-virtual-presentation-on-childhood-anxiety-by-julie-anne-richards-tickets-136883390907> | |
| **This Presentation is structured for an Adult Audience**  Funded by the Eric Palmer Memorial Foundation [www.ericfoundation.com](http://www.ericfoundation.com/) | |